



Rise & Shine With Nutri-Serve!

PRIMARY BREAKFAST MENU

We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit
It is served from 0-0am!

Daily Alternates:
Cereal & Crackers
Crunch Mania
Berry Yogurt Parfait & Crackers

May Breakfast Menu Mullica School District

Did you know?!?

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



Monday-May 1	Tuesday-May 2	Wednesday-May 3	Thursday-May 4	Friday-May 5
Dutch Waffle w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Sausage, Egg & Cheese On a Bagel <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-May 8	Tuesday-May 9	Wednesday-May 10	Thursday-May 11	Friday-May 12
Dutch Waffle w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cheese Omelet w/ Mini Biscuit <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-May 15	Tuesday-May 16	Wednesday-May 17	Thursday-May 18	Friday-May 19
Dutch Waffle w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Sausage, Egg & Cheese On a Bagel <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-May 22	Tuesday-May 23	Wednesday-May 24	Thursday-May 25	Friday-May 26
Dutch Waffle w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Mini Pancakes w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cheese Omelet w/ Mini Biscuit <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	NO SCHOOL
Monday-May 29	Tuesday-May 30	Wednesday-May 31	Prices: Regular: \$1.25 Reduced: \$0.30 ~ Milk: \$0.60 *Menu subject to change Food Service Director: Anita Tirado MTS@nsfm.com ~ Phone: 609-561-3868 ext 247 If you receive free or reduced lunch your are eligible for free and reduced breakfast!	
Memorial Day No School	Mini Pancakes w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Sausage, Egg & Cheese On a Bagel <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice		

Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid

New Items!



Apple Bites



Choc. Chip Muffin



Mini Bagels



Crunch Mania



Cinnamon Roll

Breakfast Bites ~ Sold Separately

Fresh Fruit \$ 0.75 B-fast Bite 1 \$ 1.25 B-fast Bite 2 \$ 1.25

This institution is an equal opportunity provider.

