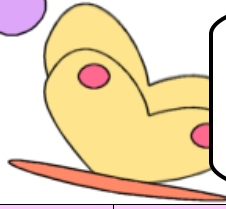
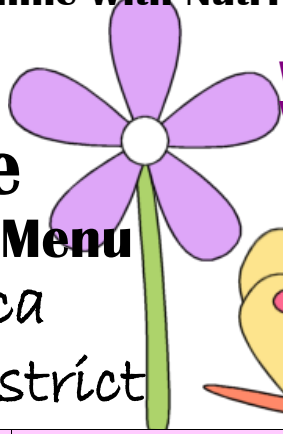




Rise & Shine With Nutri-Serve!



We use the healthier whole grain versions of your breakfast favorites!

Breakfast Includes: Milk & Fruit
It is served from 8:00-8:15am!

BREAKFAST MENU

Daily Alternates:

- Cereal & Crackers
- Crunch Mania
- Berry Yogurt Parfait & Crackers

June Breakfast Menu Mullica School District

Did you know?!?

Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



				Thursday-June 1	Friday-June 2
				Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-June 5	Tuesday-June 6	FRIENDLY REMINDER <i>It's the End of the School Year!</i> All Lunch Accounts <i>must be paid up to date</i>		Thursday-June 8	Friday-June 9
Pancake w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Breakfast Sandwich of the day <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice		Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-June 12	Tuesday-June 13	Wednesday-June 14	Thursday-June 15	Friday-June 16	
Pancake w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Breakfast Sandwich of the day <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Chocolate Chip Muffin <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cinnamon Roll Cinnamon Swirl <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	
Monday-June 19	Tuesday-June 20	Have a Happy Summer!			
Pancake w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle w/Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice				

Prices: Regular: \$1.25 Reduced: \$0.30 ~ Milk: \$0.60 *Menu subject to change
Food Service Director: Anita Tirado ~ MTS@nsfm.com ~ Phone: 609-561-3868 ext 247
If you receive free or reduced lunch your are eligible for free and reduced breakfast!

Milk: Skim White, Chocolate, Strawberry, 1% White, Lactaid

New Items!



Apple Bites



Choc. Chip Muffin



Mini Bagels



Crunch Mania



Cinnamon Roll

Breakfast Bites ~ Sold Separately

Fresh Fruit \$ 0.75 B-fast Bite 1 \$ 1.25 B-fast Bite 2 \$ 1.25

This institution is an equal opportunity provider.

