



# Rise & Shine With Nutri-Serve!

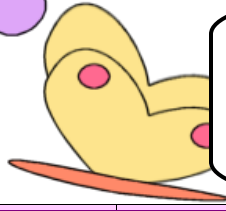
# PRIMARY BREAKFAST MENU

We use the healthier whole grain versions of your breakfast favorites!

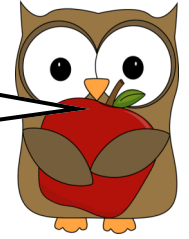
Breakfast Includes: Milk & Fruit  
It is served from 8:15-8:35am!

**Daily Alternates:**  
Cereal & Crackers  
Crunch Mania  
Berry Yogurt Parfait & Crackers

## April Breakfast Menu Mullica School District



**Did you know?!?!**  
Eating within two hours of waking up jumpstarts your metabolism ~ the rate at which your body burns calories!



**Breakfast Prices:** \*Menu subject to change  
**Regular Breakfast: \$1.25 Reduced: \$0.30 ~ Milk: \$0.60**  
Food Service Director: Anita Tirado ~ MTS@nsfm.com ~ Phone: 609-561-3868 ext 247  
If you receive free or reduced lunch your are eligible for free and reduced breakfast!  
**Milk:** Skim White, Chocolate, Strawberry, 1% White, Lactaid

Monday-April 3	Tuesday-April 4	Wednesday-April 5	Thursday-April 6	Friday-April 7
French Toast Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Cinnamon Flavored <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Cheese Omelet w/ Mini Biscuit <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-April 10	Tuesday-April 11	Wednesday-April 12	Thursday-April 13	Friday-April 14
French Toast Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Cinnamon Flavored <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On a Bagel <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Spring Break No School	Spring Break No School
Monday-April 17	Tuesday-April 18	Wednesday-April 19	Thursday-April 20	Friday-April 21
Spring Break No School	Spring Break No School	Cheese Omelet w/ Mini Biscuit <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice
Monday-April 24	Tuesday-April 25	Wednesday-April 26	Thursday-April 37	Friday-April 28
French Toast Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Apple Bites Cinnamon Flavored <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On a Bagel <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Waffle Sticks w/ Syrup <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice	Pillsbury Bagel Cinnamon Cream Cheese <u>Sides:</u> Fruit: Fresh/Cupped/Juice Milk Choice

### New Items!



Apple Bites



Choc. Chip Muffin



Mini Bagels



Crunch Mania



Cinnamon Roll

### Breakfast Bites ~ Sold Separately

Fresh Fruit \$ 0.75 B-fast Bite 1 \$ 1.25 B-fast Bite 2 \$ 1.25

This institution is an equal opportunity provider.

